Pune District Education Association's

Baburaoji Gholap College

Sangvi, Pune 411 027 (Maharashtra).

Proposed Syllabus

For

Bachelor of Vocation (B. Voc.) Beauty Therapy and Aesthetics (Semester I to VI)

Submitted to



Savitribai Phule Pune University

Ganeshkhind, Pune 411 007.

Annexure-II

Details about Structure/Pattern of Syllabus

1. Title of the Course: B.Voc. –Beauty Therapy and Aesthetics

2. Course Level:

Level 5: Diploma

Level 6: Advanced Diploma

Level 7: Degree

3. Syllabus to be implemented from the Academic year:

F.Y. B.Voc. 2018 – 2019, S.Y. B.Voc. 2019 – 2020, T.Y. B.Voc. 2021 – 2022

4. Preamble of the Syllabus:

The Bachelor of Vocation (B.Voc.) in Beauty Therapy and Aesthetics is the undergraduate course of Savitribai Phule Pune University, Ganeshkind, Pune 411 007. It is the multilevel exit course leading to Diploma, Advance Diploma and Degree in Beauty Therapy and Aesthetics after the successful completion of one, two and three years respectively. This undergraduate credit system based curriculum, would develop a strong fundamentals and specialization in the discipline of Beauty Therapy and Aesthetics. The students pursuing different qualifications in Beauty Therapy and Aesthetics need to develop in depth understanding various aspects of the subject. The principles and fundamental concepts in Beauty Therapy and Aesthetics will be studied in details. The students will have deeper understanding of service sector rules and regulation through the subjects like beauty aspects, Organization Behavior, Cultural and Health Psychology etc. The course proposes to skill based education due to which the student's ability of problem solving will be enhanced. The students can develop their own business in Beauty Therapy and Aesthetics service sector.

Objective of the course:

- 1. To provide skills relating to a 'Beauty Therapy and Aesthetics profession and appropriate content of General Education.
- 2. To ensure that the students will get adequate knowledge and skills at each exit point of the programme.
- 3. To provide flexibility to the students by means of pre-determined entry and multiple exit points as per the National Skills Qualification Framework (NSQF) guidelines.
- 4. To enhance employability of the graduates and meet industry requirements and are also expected to be equipped to become part of global workforce.
- 5. To provide vertical mobility to students coming out of 10+2 with vocational subjects.

Introduction:

Salient Features of the Credit System:

- a) B.Voc. in 'Beauty Therapy and Aesthetics has been designed as per the guidelines and objective of UGC, New Delhi, NSDC, New Delhi and NSQF to cater skill force to the retail Beauty Therapy and Aesthetics industry.
- b) B.Voc. course is multiple exist program, which leads Diploma after completion of first year, Advance Diploma after completion of two years and Degree in B.Voc. after successful completion of three years.
- c) B.Voc. three years degree course in 'Beauty Therapy and Aesthetics is of 180 credits, where one credit theory course is of one clock hour per week running for 15 weeks and one credit for practical course will consist of 10 of laboratory exercise including the revision and setting up the practical. Thus, each credit is equivalent to 15 hours.
- d) In one credit, 10 lectures are assigned for actual teaching in the classroom and 5 lectures are for seminars, discussions, home assignments and library work.
- e) Every student shall complete 180 credits in a minimum of six semesters. All semesters will have 30 credits each.
- f) The student will be declared as failed if s/he does not pass in all credits within a total period of five years. After that such students will have to seek fresh admission as per admission rules prevailing at that time.
- g) In every year, the academic calendar showing dates for commencement and end of each semester, internal assessment examinations and term end examination will be prepared and duly notified before starting of each semester.
- h) Student has to complete internship every year to complete the Diploma / Advance Diploma / Degree Course.

The students seeking admission to Diploma / Advance Diploma / B.Voc. Degree in 'Beauty Therapy and Aesthetics' are hereby informed that they are supposed to adhere to the following rules:

- a) A minimum of 75 % attendance for lectures / practical is the pre-requisite for grant of each semester.
- b) There shall be tutorial / practical / surprise test / home assignment / review of article / seminar / industrial visits / training course as a part of internal assessment in each semester. The students are supposed to attend all the examinations. The re-test will not be taken for the student absent for the any examination.
- c) The students opting for project course shall follow the rules framed for the same.

5. Faculty of the Course: Commerce

6. Eligibility for Admission:

The eligibility condition for admission to B.Voc. programme shall be 10 + 2 or equivalent from any stream.

Duration of the Course:

Award	Duration	Corresponding NSQF level
Diploma	1 year	5
Advanced Diploma	2 years	6
Degree	3 years	7

7. Intake capacity of students:

50 students at entry level

8. Examination:

- a) The assessment and evaluation for the B.Voc. programme will be as per the guidelines of Savitribai Phule Pune University for credit based system.
- b) The assessment for the general education component should be according to the guidelines of Savitribai Phule Pune University as per their prevailing standards and procedures.
- c) The assessment for the skill development components will focus on practical demonstrations of the skills acquired. This may be by the consultation with respective Sector Skill Council for designing the examination and assessment pattern for the skill development components. This may be considered by using the designated assessors of Sector Skill Councils/industry associations for the conduct of practical assessment.

I. Pattern of Examination

- i. Internal examination, Term end examination, Practical, Oral and Project
- ii. Pattern of the question paper: As per university rules

Evaluation of Students:

- Assessment will consist of (a) in-semester continuous assessment and (b) end-semester assessment with an equal weightage of 50 % marks each.
- 2 Minimum 30 % marks are required for passing the both in semester examination and end semester examination separately. However, minimum 40 % mark is required for passing in the combined examination of in-semester and end-semester examination.

- A student cannot take admission for the next year if s/he fails to complete 50% credits of the previous two semesters. The internal marks will not change and student cannot reappear for internal examination. If student missed the internal examination, s/he will have second chance with the permission of the only concerned teacher. It will be the discretion of concerned teacher and internal departmental assessment committee. In case, s/he wants to repeat internal, s/he can do so only by registering for the said courses during 5th/6th semester whichever is applicable.
- The answer scripts for the only internal examination and not for end semester examination may be shown to the concerned student.
- 5 There shall be revaluation of answer script of end semester examination only, but not of internal examination.

• In-semester examination:

The internal assessment for each course would be continuous and dates for all tests will be prenotified in the time table. The internal assessment committee will coordinate this activity.

• Theory Courses:

The students should be encouraged to conduct various academic activities. A teacher must select a variety of the methods for internal assessment like: mid-semester test, online test, computer based examination, open book test (by the concerned teacher choice of allowed books), tutorial, surprise test, oral, assignments, review of article, Seminar presentation and journal / lecture / library notes. It is the responsibility of the student to preserve the documentation of the internal assessment except midterm test answer script.

• Practical courses:

It is a continuous evaluation process and practical courses will be evaluated on the basis of following points.

- Performance assessment of each experiment on the basis of attendance, punctuality, journal completion, practical skills, results, oral and analysis.
- 2 Test on practical may be conducted before the end-semester examination.
- 3 Assessment of each experiment shall be done for each practical weekly.
- 4 The student strength of practical batch should be twenty. One practical session is of 3 hour duration for one practical batch.

• Project Course:

The project work will be evaluated by in charge of project batch in consultation with project guide. The assessment of project work will be done weekly in the respective batch and evaluation will be on the basis of weekly progress of project work, referencing, oral, results and documentation.

• End-semester examination:

The end-semester examination for 50 marks for all courses would be held nearly two weeks after the completion of teaching for that semester. The paper setting and assessment for all courses would be the responsibilities respective course in-charges. The all activities related to examination like paper setting, evaluation, assessment, preparation of marks-sheets etc. would be coordinated by the examination committee of department.

II. Standard of Passing

Minimum 30 % marks are required for passing the both in semester examination and end semester examination separately. However, minimum 40 % mark is required for passing in the combined examination of in-semester and end-semester examination.

III. ATKT Rules

A student cannot take register for the next year if s/he fails to complete 50 % credits of the previous two semesters.

IV. Award of Class

Grades will be awarded from grade point average (GPA) of the credits.

GPA Rules:

- 1. The formula for GPA will be based on Weighted Average. The final GPA will not be printed unless a student passes courses equivalent to minimum 180 credit hours. Total credits hours means the sum of credit hours of the courses which a student has passed.
- 2. A seven point grade system [guided by the Government of Maharashtra Resolution No. NGO-1298/[4619]/UNI 4 dated December 11, 1999 and University regulations] will be followed.
- 3. If the GPA is higher than the indicated upper limit in the third decimal digit then the student be awarded higher final grade (e.g. a student getting GPA of 4.492 may be awarded 'A')
- 4. For semester I, II, III, IV and V examinations, only the grade points will be awarded for each subject. Final GPA along with final grade will be awarded only at the end of VIth semester. In case of verification, the existing rules will be applicable. The revaluation result will be adopted if there is a change of at least 10 % marks and in the grade of the course.
- 5. After the declaration of result, for the improvement of grade, the student can reappear for the examination of 30 credits worth theory courses.
- 6. A student can go for the grade improvement program only after the declaration of final semester examination i.e. at the end of next academic year after passing B.Voc. examination and within three years of completion of B.Voc. A student can appear for grade improvement programme only once.

V. External Students

There shall be no external students.

VI. Setting of Question Paper/Pattern of Question Paper

All general and skill education components based end-semester question papers will be set by the college and centralized assessment of all papers will be done as per the guideline of Savitribai Phule Pune University. The Questions should be designed to test the conceptual knowledge and understanding of the basic concepts of the subject. Theory examination will be of 2 hours duration for each theory course. There shall be 4 questions each carrying marks as shown below. The pattern of question papers shall be:

Question 1 (10 Marks) 5 out of 10 answer in 20 words each of 2 marks

Question 2 (10 Marks) 2 out of 4 short note/answer in 50 words each of 5 marks

Question 3 (15 Marks) 2 out of 3 answer in 150 words each of 7.5 marks

Question 4 (15 Marks) 1 out of 3- answer in 300 words each of 15 marks

VII. Verification/Revaluation

There is also a provision for verification and revaluation. In case of verification, the existing rules will be applicable. The revaluation result will be adopted if there is a change of at least 10 % marks and in the grade of the course. There shall be revaluation of answer script of end semester examination, but not of internal assessment papers.

9. Structure of the Course:

The basic structure (Framework) of the proposed Diploma syllabus for the one year, Advance Diploma for the two years and Degree for three years integrated course ('Beauty Therapy and Aesthetics') leading to B.Voc. in 'Beauty Therapy and Aesthetics' at Baburaoji Gholap College, Sangvi, Pune 411 027 affiliated to Savitribai Phule Pune University is given at the end of the Annexure - II.

I. Compulsory Paper: All papers are compulsory.

II. Optional Paper: No optional paper.

III. Question Paper and Papers: As mentioned above in the examination section.

IV. Medium of Instructions: English

10. Equivalence of previous syllabus along with proposed syllabus

This course is sanctioned from academic year 2018-2019. So new syllabus has been proposed. Hence no previous syllabus is available.

11. University Terms:

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Diploma course contains total 2 Semesters. Advance Diploma course contains total 4 Semesters and the degree course contains total 6 Semesters.

12. Subject wise Detailed Syllabus:

A copy of subject wise detailed syllabus is attached with this Annexure - II.

13. Recommended Books:

The list of recommended books is given at the end of syllabus.

14. Qualification of Teacher:

The qualification of faculty will be as per guidelines and norms of University Grant Commission, New Delhi and National Skill Development Council.

15. Detailed Syllabus CD (only word file):

The CD having soft copy of detailed syllabus in word format is attached herewith with this Annexure - II.

Pune District Education Association's Baburaoji Gholap College, Sangvi, Pune 411 027 (Maharashtra).

Proposed Structure of B. Voc. Syllabus Bachelor of Vocation in Beauty Therapy and Aesthetics (BTA)

Syllabus to be implemented from academic year F.Y. B. Voc. 2018 – 2019, S.Y. B. Voc. 2019 – 2020, T.Y. B. Voc. 2021 – 2022

Year - I		Semester – I	
Course Code	Course type	Course Name	No. of Credits
BTAT 01	Theory	Communication Skills	4
BTAT02	Theory	Professional Ethics	4
BTAT03	Theory	Health Care	4
BTAP 01	Practical	Introduction to Spa Therapy	6
BTAP 02	Practical	Non Therapeutic Massage and Therapeutic	6
BTAP03	Practical	Complimentary Therapies (Reflexology,	6
		Total number of credits	30

Year - I		Semester – II	
Course Code	Course type	Course Name	No. of Credits
BTAT04	Theory	Human Anatomy	4
BTAT05	Theory	Bacteriology	4
BTAT 06	Theory	Personal Hygiene, Public Health	4
BTAP 04	Practical	Facial Treatment with and without	6
BTAP 05	Practical	Depilation Treatments	6
BTAP 06	Practical	Hand & Leg Care	6
		Total number of credits	30

Year - II		Semester - III	
Course Code	Course type	Course Name	No. of Credits
BTA T07	Theory	Computer Fundamentals	4
BTA T 08	Theory	Chemistry - Understanding Chemicals &	4
BTA T 09	Theory	Personality Development (Grooming,	4
BTA P 07	Practical	Professional Make-up Techniques (Bridal	6
		& High Fashion Photography Make-up)	
BTA P 08	Practical	Stage & Fashion runway Make-up Portfolio	6
BTA P09	Practical	Make – up Products & It's Application	6
	•	Total number of credits	30

Year - II Semester - IV			
Course Code	Course type	Course Name	No. of Credits
BTAT 10	Theory	Cell Metabolism & Body System	4
BTAT 11	Theory	Sterilization & Sanitization	4
BTAT 12	Theory	Professional Image & Life Skills	4
BTAP 10	Practical	Theory & Tools of Hair Treatment Hair	6
BTAP 11	Practical	Chemical Application & Hair Treatment	6
BTAP12	Practical	Hair Restoration & Mesotherapy	6
		Total number of credits	30

Year - III		Semester - V	
Course Code	Course type	Course Name	No. of Credits
BTA T13	Theory	History of Skin Care	4
BTAT14	Theory	Nutrition & Health of Skin	4
BTAT15	Theory	Skin Disorders	4
BTAP 13	Practical	Electrology and its uses	6
BTAP 14	Practical	Neurology Pigmentation & Acne Treatment	6
BTAP 15	Practical	Photo Therapy and Aging Skin / Photo	6
		Aging	
		Total number of credits	30

Year - III		Semester - VI	
Course Code	Course type	Course Name	No. of Credits
BTA T 16	Theory	Skin Analysis	4
BTA T 17	Theory	Cosmetology Concepts & Fundamentals	4
BTA T 18	Theory	OSHA (Occupational Safety & Health	4
BTA P 16	Practical	Salon operation.	6
BTA P 17	Practical	Cosmetology Designs, Cosmetology &	6
		Career Development	
BTA P 18	Practical	Use of Cosmetic Procedure (Laser, Botox,	6
		Fillers, Electro Cautery, Skin Tag	
		Total number of credits	30

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Communication Skills			
Course Code	Course Code BTA T01		
Class	F.Y. B.Voc.	Semester	I
No. of Credits	04	Contact Hours	60

Aim

• To Develop the Communication skills

Objectives

- 1) Define the Concept of communication.
- 2) Different the types of communication.
- 3) Discuss the techniques and modern tools of communication.
- 4) Importance of effective communication

Course Outcomes

Students will improve their speaking ability in English both in terms of fluency and comprehensibility

Students will give oral presentations and receive feedback on their performance

Students will heighten their awareness of correct usage of English grammar in writing and speaking

Unit	Topics	Credit	Lectures
Unit I	The Sentence and Its Structure - How to Write Effective	01	15
	Sentences - Phrases - What Are They? - The Noun Clauses -		
	The Adverb Clause - The Relative Clause - How the Clauses		
	Are Conjoined - Word - Classes and Related Topics -		
	Understanding the Verb - Understanding the Auxiliary Verb		
	- Understanding the Adverbs - Understanding the Pronoun -		
	Prepositions.		
Unit II	Spelling and Pronunciation - Pronunciation, The Tense and	01	15
	Related Topics – Present tenses and Present Tenses - The		
	Present tenses of a Past Action - Interrogatives and Negatives		
	- Negatives - How to Frame Questions - What's What? -		
	Polite Expressions - Some Time Expressions - In		
	Conversation – Letter Writing - Academic Assignments.		
Unit III	Self - Assessment; Identifying Strength & Limitations;	01	15
	Habits, Will - Power and Drives, Developing Self - Esteem		
	and Building Self - Confidence, Significance of Self -		
	Discipline, Understanding Perceptions, Attitudes, and		
	Personality Types, Mind - Set: Growth and Fixed, Values		
	and Beliefs, Motivation and Achieving Excellence; Self -		
	Actualization Need; Goal Setting, Life and Career Planning		

	, Constructive Thinking, Communicating Clearly:		
	Understanding and Overcoming barriers.		
Unit IV	Active Listening, Persuasive Speaking and Presentation	01	15
	Skills, Conducting Meetings, Writing Minutes, Sending		
	Memos and Notices; etiquette: Effective E - mail		
	Communication; Telephone Etiquette, Body Language in		
	Group Discussion and Interview.		

- Dorch, Patricia. What Are Soft Skills? New York: Execu Dress Publisher, 2013.
- Kamin, Maxine. Soft Skills Revolution: A Guide for Connecting with Compassion for Trainers, Teams, and Leaders. Washington, DC: Pfeiffer & Company, 2013.
- Klaus, Peggy, Jane Rohman & Molly Hamaker. The Hard Truth about Soft Skills. London: HarperCollins E books, 2007.
- Petes S. J. Francis. Soft Skills and Professional Communication. New Delhi: Tata McGraw - Hill Education, 2011.
- Stein, Steven J. & Howard E. Book. The EQ Edge: Emotional Intelligence and Your Success. Canada: Wiley & Sons, 2006.

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Professional Ethics			
Course Code	BTA T02		
Class	F.Y. B.Voc.	Semester	I
No. of Credits	04	Contact Hours	60

Aim- To Develop the professional ethics.

Objectives:

Objective: The course aims to provide a sharp insight into the importance of human values, ethics, morality and above all the full growth of personality to ensure some total development of the human mind.

Course Outcomes -

Students will learn and understand the basic ethical principles and human values.

They will learn and understand the environmental ethics and global development with help of ethics and human values

Unit	Topics	Credit	Lectures
Unit I	Concept of Human Values, Value Education Towards	01	15
	Personal Development, Aim of education and value		
	education: Evolution of value oriented education:		
Unit II	Impact of Global Development on Ethics and Values,	01	15
	Conflict of cross – cultural influences, mass media,		
	cross – border education, materialistic values,		
Unit III	Hygiene safety , Client care- client handling,	01	15
	Welcoming Understanding body language of client		
	Work skills,- Attitude, work setup, work timings,		
	peers and supervisors, work rules, work profiles		
Unit IV	Environmental ethics: Issues and possible solutions.	01	15
	Climate change, global warming, acid rain, ozone		
	laver depletion, nuclear accidents and holocaust.		

References:

- 1. Evaluating codes of **Professional Ethics,- en** Robinson, W.L. Pritchard.
- 2. M.S. Profits and Professions: Essay business and professional ethics.
- 3. The development of model code for ethics professionals. Schwartz M.S.

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Health Care			
Course Code BTA T03			
Class	F.Y. B.Voc.	Semester	I
No. of Credits	04	Contact Hours	60

Aim

• To Develop the Knowledge about health care.

Objective-

- To enable students to have a basic knowledge of the health care.
- To work towards the hygiene and knowledge of health care.

Outcome-

- Students will develop awareness about health care and get basic knowledge of health care.
- Demonstrate communication process of a home health aid, which also reflects professional appearance and a positive attitude.
- Describe the role of a Home Health Aid and verbalize the roles of various healthcare providers.

Unit	Topics	Credit	Lectures
Unit I	Common health problems in India	01	15
Unit II	Maintain good physical health, good health and its relation of successful living.	01	15
Unit III	Exhibit ethical behavior, present a positive personal image.	01	15
Unit IV	Describe the importance, use and procedure of wearing and removing personal protective equipment(PPE), Practice hand hygiene	01	15

References:

1.slees health care terms: Slee, Debora.

2. encyclopedia of public health (2002) Macmillan reference USA.

3.Dictionary of health economics and finance(2007), Marcinko, D.E. and Hetico

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Introduction to spa			
Course Code	BTA P01		
Class	F.Y. B.Voc.	Semester	I
No. of Credits	06	Contact Hours	60

Aim- To Develop the Skill and Knowledge about spa

Objectives: • Improve physical fitness & analyze the figure and posture defects. • To understand the importance of perfect body postures. • Impact of massage on the skin & muscles for figure improvement. • Techniques of heat treatment and its effect.

Course out come-.

- Locate the energetic lines of the feet, legs, hips, back, shoulders, neck, head and face.
- Develop and apply the skill on stone therapy.
- Develop and apply the skill on Massage.
- Develop and apply the skill on body Massage. Carry out body massage treatment for dry and oily skin.

Unit	Topics	Credit	Lectures
Unit I	Purpose and history of spa Benefits	01	15
	Spa as career, benefits, spa, career options, job opportunities, basic		
	requirements, role of spa therapist. Spa Therapies: Introduction to		
	Spa, History and origin of the spa, Types, Product, Layout,		
	Importance, System, Principles and classification, Spa House		
	Keeping, Spa etiquettes and grooming, Basics of spa management,		
	Marketing for Spa.		
Unit II	Preparation for massage. Massage sequence. Heat Therapy and	02	30
	Lamp Treatments Forms of heat therapy. Safety in the clinic.		
	Effects of heat on the body. Contra-indications to general heat		
	therapy. Paraffin wax treatment. Ultra violet treatment. Infrared		
	and radiant heat treatments. Manual Massage General effects and		
	benefits of massage. Effects of massage on the skin, muscles and		
	adipose tissue.		
Unit III	Spa product knowledge	01	15
	Herbs, essential oils, aromatic oils, pre-blended oils and creams,		
	shampoo and lotions, benefits of different spa products, base		
	creams, carrier oils		
Unit IV	Types of spa Day spa, club spa, destination spa,	02	30
	resorts spa, hotels spa.		
	Body and hair spa. Swedish Massage, Lomi-Lomi Massage,		
	Deep Tissue Massage, Traditional Thai Massage, Ayurvedic		
	Abhangya, Balinese Massage Javanese Lulur.		

- Spa management : an introduction to spa by Mary Winsom, Lisa L. Capozio
- Understanding the global spa industry: spa management by Gerry Bodeker.
- Body treatments for the Beauty Therapist; Ann Gallant ISBN 0-8595040

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Therapeutic and Non Therapeutic massage			
Course Code	ourse Code BTA P02		
Class	F.Y. B.Voc.	Semester	I
No. of Credits	06	Contact Hours	60

Aim To Develop the Skill and Knowledge about massage

Objective-1. To enable students to have a basic knowledge of different kinds of massage.

2. To understand the techniques of massage.

Course outcome – Students will understand Definition and c Equipment for massage. psychological effects of massage, use and appropriate adaptation of massage for special client groups:

Unit	Topics	Credit	Lectures
Unit I	Definition and c Equipment for massage. Working	01	15
	stance. Hand contact and flexibility. Special Reduction		
	Body Treatment General treatments Contra-		
	indications, application effects and benefits of		
	treatment Vibratory treatments. Galvanic		
	treatments. High frequency treatment direct and		
	indirect. Vacuum Massage Faradic		
Unit II	psychological effects of massage: the mental and	01	15
	emotional benefits of massage the placebo effect and		
	mind – body links psycho neuroimmunology		
Unit III	use and appropriate adaptation of massage for special	02	30
	client groups: skin care & associated conditions		
	pregnancy stress-related conditions physical &		
	learning difficulties the elderly cancer care		
Unit IV	neuromuscular technique ,trigger points, soft tissue	02	30
	manipulation ,passive stretching, joint mobilisation		
	muscle energy techniques acupressure therapeutic		
	touch range of massage techniques including as a		
	minimum: effleurage petrissage frictions tapotement		
	vibrations . the application of massage for specific		
	conditions like arthritis and pregnancy,		

- A Treatise on Advance Acupressure/Acupuncture Part I M. P. Khemka
- Sujok Acupressure J. P. Agarwal
- ManavSharirVigyan Dr. G. C. Agarwal

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Complimentary Therapies				
Course Code	Course Code BTA P03			
Class	F.Y. B.Voc.	Semester	I	
No. of Credits	06	Contact Hours	60	

Aim- To Develop the Skill and Knowledge about aroma, reflexology and acupressure.

Objectives: Learn to explore the beauty of aroma therapies and acupressure.

Course outcome- Students wil understand the different types of complimentary therapies.

Students will understand the therapeutic use of aroma oils

Students will learn the techniques of acupressure and acupuncture

Unit	Topics	Credit	Lectures
Unit I	Aromatherapy- historical & philosophical roots; herbal oils – their production, quality control and therapeutic uses. Important herbal oils: mechanisms of action: skin absorption; Methods of application, Blending: theories of blending according to fragrance, chemistry and symptomatology Practical formulating: hands-on base product creation of creams and ointments from raw materials; in-class formulating of aromatic products for the skin Herbal medicine- Background-Turmeric (Curcuma longa) tinctures,Devil's claw (Harpogophytumprocumbens) tincture 30 mL,Ginseng (Panax spp) tincture 10 mL—,White willow (Salix alba) tincture 20 mL,Licorice (Glycyrrhizaglabra) 5 mL,Oats (Avena sativa) 15 mL—,Differences from conventional drugs	02	30
Unit II	Acupuncture - Methods & Acupuncture, Use of Needles and other material in Acupuncture, Maintaining Acupuncture Clinic. Acupuncture Meridians & Points, Acupressure-What is acupressure? Concept of yin and yang. Concept of physical and metaphysical. Five element theory.	01	15
Unit III	Reflexology Introduction, the benefits of Reflexology	02	30

	The history and origins of Reflexology Study of foot charts & reflex zones		
	Techniques for grounding & being centered Holistic approach, Relaxation techniques, Disorders and conditions, signs & symptom		
Unit IV	Yoga-Introduction to yoga. History of yoga. Basic aasanas and pranayama techniques. Yoga as a therapy, Meditation ,Therapeutic yoga,	01	15

Rogi, RogEvamUpcharak – Dr. G. C. Agarwal

Pink book (tables, charts & diagrams) OR Chinese Acupressure Treatment Hand Book - Vol. I

The miracle of Acupuncture Beijing Press Publication

14 Channels Prof: Dr.AntonJayasurya

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Human Anatomy			
Course Code	BTA T04			
Class	F.Y. B.Voc.	Semester	II	
No. of Credits	04	Contact Hours	60	

Aim- To Develop the Basic Knowledge about anatomy and physiology

Objective-1) Define the Importance human body

2) Define the anatomy.

Course Outcome- To make students understand the fundamentals of Human Anatomy. o To explain the functions of different body systems. o To describe the structures of different body systems.

Unit	Topics	Credit	Lectures
Unit I	Cell and cell organelles 1) Structure and classification 2) Function	01	15
	3) Cell division (Mitosis and Meiosis)		
Unit II	Cell Tissues • Identify the four main tissue types • Discuss the	01	15
	functions of each tissue type. 1. Epithelial tissue 2. Connective		
	tissue 3. Muscular tissue 4. Nervous tissue		
Unit III	Different anatomical systems of human body and their parts:	01	15
	1. Skeletal system 2. Muscular system 3. Respiratory system 4.		
	Digestive System		
Unit IV	5. Cardio vascular System 6. Lymphatic System 7. Excretory	01	15
	System 8. Endocrine System 9. Integumentary Systems 10. Sense		
	Organs		

References:

Anatomy & Physiology: Beauty Therapy Basics – Helen McGuinness (Author)
 Milady Standard Cosmetology – Milady (Author)

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Bacteriology			
Course Code	BTA T05		
Class	F.Y. B.Voc.	Semester	II
No. of Credits	04	Contact Hours	60

Aim

To Develop the Knowledge about bacteriology

Objectives:

- 1) To enable students to have a basic knowledge of the importance of role of bacteriology
- 2) To have knowledge and understanding of cosmetology .

Course Outcome- Students will understand The role of bacteriology in cosmetology.) Types of Bacteria (c) Growth and Reproduction of Bacteria, Microbiological analysis of cosmetics. Microbiology Testing for Cosmetics

Unit	Topics	Credit	Lectures
Unit I	What is Bacteria? (b) Types of Bacteria (c) Growth and	01	15
	Reproduction of Bacteria The role of bacteriology in		
	cosmetology.		
	The Occurrence of Bacteria		
Unit II	Virus: Types, Classification. Growth, Reproducation and	01	15
	pattern.		
	External Parasites: Types, Classification.		
	Growth,Reproducation and pattern.		
Unit III	Microbiological analysis of cosmetics.	01	15
	Microbiology Testing for Cosmetics		
Unit IV	Preservative Challenge Testing	01	15
	Total Viable Count		
	Research and Identification of Microorganisms		
D . C			·

References:

1. Cosmetic science and technology vol I,II,III by Sangarin

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Personal Hygiene, Public Health			
Course Code	Course Code BTA T06			
Class	F.Y. B.Voc.	Semester	II	
No. of Credits	04	Contact Hours	60	

Aim

To Develop the Knowledge about Personal hygiene and public health

Objectives:

1) To enable students to have a basic knowledge of Personal hygiene and public health

Course Out come- Students will understand definition, components, principles of health education, methodology- individual, group and mass methods use of audio visual aids. Primary health care system with special reference to Maternal and Child Health care and maternal& infant mortality and morbidity

Unit	Topics	Credit	Lectures
Unit I	Health and Nutrition- education-definition, components, principles	01	15
	of health education, methodology- individual, group and mass		
	methods use of audio visual aids.		
Unit II	Medical entomology, Control of household pest with special	01	15
	reference to mosquito, housefly etc.; Environmental, chemical,		
	biological and generic control.		
Unit III	Immunity - (i) Classification, specific and non-specific immunity	01	15
	(ii)Immunoglobulin, (iii) Cellular and hormonal, immune		
	response (iv) Immunization active and passive immunization		
	schedule (v) Immunizing agents, (vi)Hazards of immunization.		
Unit IV	Primary health care system with special reference to Maternal and	01	15
	Child Health care and maternal& infant mortality and morbidity •		
	Primary health system functioning in rural areas, health indicators		
	and various health organizations, Malaria and AIDs Control-NHP,		
	WHO, UNICEF.		

References:

1.slees health care terms: Slee, Debora.

2. encyclopedia of public health (2002) Macmillan reference USA.

3. Dictionary of health economics and finance(2007), Marcinko, D.E. and Hetico

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Facial Treatment with and without machines				
Course Code BTA P04				
Class	F.Y. B.Voc.	Semester	II	
No. of Credits	06	Contact Hours	60	

Aim- To Understand Facial treatment and its benefit

Objectives: • To explain the purpose and application of facials and face mask. • To follow proper safety and sanitation procedures. • To develop skills in the manipulation of equipment and materials necessary for facial. • To demonstrate the use of equipment, implements, cosmetic and material when giving a facial.

Out come –Students will Study and recognize skin types ,Classification of skin types, Types of Face Masks, Equipment needed for facial treatment: Tools & techniques Maintenance a high standard of hygiene & safety

Unit	Topics	Credit	Lectures
Unit I	Study and recognition of skin types Classification of skin types,	01	15
	special treatments to different types of skin: acne, open pores,		
	pigmented, matured, wrinkled skin		
Unit II	Types of Facials Plain facial, Veg. peels facial, Gauze facial,	02	30
	Ozone facial, Thermo herb facial, Gold & Silver facial.		
Unit III	Types of Face Masks Ingredients and effects of face masks Clay	01	15
	Masks Natural Masks (Vegetable & Fruits) Thermal Masks		
	Paraffin Wax Masks. Latex Plastic Masks. Peel off Masks. Other		
	Ayurvedic Masks.		
Unit IV	Equipment needed for facial treatment: Tools & techniques	02	30
	Maintenance a high standard of hygiene & safety throughout.		
	Contraindications to face masks & facials. Preparation of masks in		
	suitable quantity at appropriate time. How a mask/facial should be		
	applied and why. Face mask to the specific area they suit. Removal		
	of the face mask comfortably, promptly and thoroughly.		
	Recommendation for future treatment plan to incorporate salon &		
	home use of the products.		
Reference	applied and why. Face mask to the specific area they suit. Removal of the face mask comfortably, promptly and thoroughly. Recommendation for future treatment plan to incorporate salon & home use of the products.		

References:

David E. Bank and Estelle Sobel, Adams Media Corporation, Beautiful Skin: Every Woman's Guide to Looking Her best at any age. _ • Stephanie Tourles, Storey Books, Naturally Healthy Skin: Tips and Techniques for a lifetime of Radiant Skin. • Dr. Renu Gupta, Skin Care _ • Arlene Mathew, The complete Beauty Book, Varun Publication, Bangalore. • Kim Johnson, Knopf, Women's Face: Skin Care and Makeup • Milady's, Text Book of Cosmetology, Milady Publication, America

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Depilation Treatments				
Course Code	Course Code BTA P05			
Class	F.Y. B.Voc.	Semester	II	
No. of Credits	06	Contact Hours	60	

Aim- plan and execute the treatment, note contra-indications and advice on the most appropriate means of hair removal.

Objectives: • Prepare the client and area hygienically and safely, examine the area, plan the treatment, note contra-indications and advice on the most appropriate means of hair removal & bleaching • Understand the key ingredients in waxing products and the various types and systems available in the market. • Perform safely, effectively and to commercial standards and timing, a variety of methods of hair removal on a variety of clients. • Enable student to shape the eye brows

Out come- Students will learn and understand appropriate methods of hair removal .

Unit	Topics	Credit	Lectures
Unit I	Eyebrow Shaping and bleaching Eyebrow shaping according	01	15
	to face structure. Use of eyebrow pencil. Tweezing and		
	threading. Judging of brow length. Enhancing the appearance		
	of eyebrows and lashes, techniques of eyebrow shaping, use		
	of false eyelashes, strip and individuals false eyelashes.		
Unit II	Bleaching-patch test, benefits, equipments and material	01	15
	various types, procedure and contraindications.		
Unit III	Hair Removal Procedures Various wax treatments available	02	30
	and their benefits including warm, strip wax, hot wax and		
	other waxing systems eg. Rollers and tubes. Hot and warm		
	waxing procedures for areas like legs, underarms, abdomen,		
	arms, bikini lines, face		
Unit IV	Preparation of wax. Suitable preparation of the work area and	02	30
	client. Hygiene application and disposal of wax. After care,		
	home care treatment. Taking into account the rate and density		

of the hair growth. Other methods of hair removal to cover	
the advantage & disadvantage of each. Sterilization of tools.	

- Practical workbook for Milady's Standard Cosmetology
- Preparing for the practical exam : Milady's Standard Cosmetology
- Salon fundamental cosmetology textbook: A Pivot Point.
- Salon fundamentals: A resource for you cosmetology career, Pivot Point International.

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Hand and leg Treatment			
Course Code	Course Code BTA P06			
Class	F.Y. B.Voc.	Semester	II	
No. of Credits	06	Contact Hours	60	

Aim-To give hand and leg care treatment to client for healthy life

Objectives: • Prepare client and area hygienically, examine hands and/or feet, plan the treatment, note contra-indications and give advice. • Perform nail treatments safely, effectively, hygienically and to a commercial standard and time on a variety of clients. • Optimize opportunities to give information and advice to clients regarding products and services.

Course out come-Students learn the procedures of Nail Shaping Manicure and pedicure, Aroma Manicure and pedicure, De-tan Manicure and pedicure, French Manicure and pedicure • Have the knowledge of the contraindication to manicure and pedicure, safety and hygiene throughout, preventing damage when using all the equipment and the products. Massage of the hands, arms, foot and leg using all the classical massage movements.

Unit	Topics	Credit	Lectures
Unit I	Equipments & Products Use of the equipment and products	02	30
	for hand and feet: nail enamel remover, Cuticle cream,		
	Massage cream/oil, Nail strengthener, Hard skin remover for		
	the feet, Base coat, Top coat, Quick dry (spray and paint on),		
	Cuticle oil, Cuticle remover, Buffing paste, Exfoliant for skin		
	of the hands and feet, Nail enamel, Ridge filler.		
Unit II	Correct use of the following equipment for nail treatment:	02	30
	Emery board, Nail clippers, Orange wood stick, Rubber hoof		
	stick, Cuticle knife, Cuticle nippers/Cuticle scissors, Chamois		
	Buffer, Rasp or other hand skin remover. Gel Nails, Refill		
	and After-Care, Temporary nail extension.		

Unit III	Procedures Nail Shaping Manicure and pedicure, Aroma		15
	Manicure and pedicure, De-tan Manicure and pedicure,		
	French Manicure and pedicure		
Unit IV	Recognize the contraindication to manicure and pedicure,	01	15
	safety and hygiene throughout, preventing damage when		
	using all the equipment and the products. Massage of the		
	hands, arms, foot and leg using all the classical massage		
	movements.		

- The Miracle of Healing Hands by Waheguru Singh Khalsa, DC Rishi Knot Pub
- Milday's Standard Cosmetology, Delmar Cengage Learning
- The Illustrated Guide to Massage and Aromatherapy by Catherine Stuart.

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Computer Fundamentals				
Course Code	Course Code BTA T07			
Class	S.Y. B.Voc.	Semester	III	
No. of Credits	04	Contact Hours	60	

Aim-To understand basics of computer operations

The objective of this course is to familiarize students with Fundamentals of Computer and IT applications. It enables the student to get practical exposure towards MS - Office tools

Outcome- Students will develop computer literacy and become competent in M s Office

Unit	Topics	Credit	Lectures
Unit I	Knowing Computer: Introduction, Objectives, Basic	01	15
	Applications of Computer, Components of Computer		
	System: Central Processing Unit, Keyboard, mouse and		
	VDU, Other Input devices, Other Output devices,:		
	Application Software, Systems software. Concept of		
	computing, data and information. Bringing computer to life:		
	Connecting keyboard, mouse, monitor and printer to CPU.		
Unit II	Operating Computer Using Gui Based Operating System:	01	15
	Introduction, Objectives, Basics of Operating System: The		
	User Interface: Task Bar, Icons, Menu, Running an		
	Application. Simple Setting: Changing System Date And		
	Time, Changing Display Properties, To Add Or Remove A		
	Windows Component, , Adding and removing Printers. File		
	and Directory Management		
Unit III	Introduction To Internet, Www And Web Browsers:	01	15
	Introduction, Objectives. Basic of Computer Networks:		
	Internet: Concept of Internet, Applications of Internet,		
	Connecting to the Internet, Search Engines: Popular Search		
	Engines / Search for content, Accessing Web Browser,		

	Using Favorites Folder, Downloading Web Pages, Printing		
	Web Pages. Understanding URL, Surfing the web: Using e -		
	governance website.		
Unit IV	Communications And Collaboration: Introduction,	01	15
	Objectives, Basics of E - mail: What is an Electronic Mail, ,		
	Using E - mails: Opening Email account, Mailbox: Inbox and		
	Outbox, , Replying to an E - mail message, Forwarding an E		
	- mail message, Sorting and Searching emails. Introduction		
	to MS - Office: MS - Word, MS - Excel, MS - Power Point		

- Fundamentals of Computers, V. Rajaraman, PHI Publication
- Computer Fundamentals, P. K. Sinha, BPB Publication
- Introduction to Computers with MS Office 2007, Leon, TMH Publication

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Chemistry – Understanding chemicals and their uses			
Course Code	ourse Code BTA T08			
Class	S.Y. B.Voc.	Semester	III	
No. of Credits	04	Contact Hours	60	

Aim- To understand different Chemicals and their uses

Objectives-The students will be familiar with the physical and chemical properties and reactions of commonly used raw materials in cosmetics. Students will be familiar with chemistry (especially the reactivity and stability of an organic molecules based on structure and isomerism) of commonly used chemicals. They will know common natural raw materials, especially the basic functional group involved, their physical and chemical properties and their applications.

Course outcome- students will Study carbohydrates used in cosmetics with respect to their source, chemical constituents and uses. Herbs, description and morphology of organized and unorganized herbs. Various grades available in market and heir advantage over traditional gums used

Unit	Topics	Credit	Lectures
Unit I	Herbs, description and morphology of organized and unorganized	01	15
	herbs. Organized herbs root, stem, leaf , fruit and seed.		
	Unorganized herbs-, mucilage, latex and extracts. Study of		
	different product forms available in market.		
Unit II	Study of following carbohydrates used in cosmetics with respect to	01	15
	their source, chemical constituents and uses. Gums-Acacia, guar		
	gum, pectin, agar and cellulose and their cosmetic application.		
	Various grades available in market and heir advantage over		
	traditional gums used.		
Unit III	Carbohydrates-Definition, classification and general	01	15
	identification tests. Starches-Wheat, maize, rice, potato and their		
	cosmetic application, Recent sophisticated derivatives available		
	in market and their merits over traditional starches.		
Unit IV	Lipids- Definition, classification and general identification tests.		15
	Study of criteria for selection of oils in formulation. Oils-Castor,		
	linseed, olive, sesame ,coconut, arachis oil. Study of different oils		
	available in marke		

- Materia Medica By Nadkarni.
- Wealth of India CSIR
- Indian medical plants: by Kirtikar & Basu
- Pharmacognosy by Dr. Kokate
- Naturals and Cosmetics by Dr. Satish Sakharwad

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Personality Development			
Course Code	BTA T09			
Class	S.Y. B.Voc.	Semester	III	
No. of Credits	04	Contact Hours	60	

Aim

• It is aimed at the promotion of the strategies for the personality development of the participants. The rationale behind this endeavor is the recognition of the multifaceted influence of the personality of the employees upon organisational effectiveness.

Objective – To bring about personality development with regard to the different behavioural dimensions that have far reaching significance in the direction of organisational effectiveness.

Course outcome- Students will understand stress management, Time management and interpersonal relations and develop their personalities.

Unit	Topics	Credit	Lectures
Unit I	Stress Management - Introduction to Stress, Causes of Stress,	01	15
	Impact, Managing Stress		
Unit II	Time Management-Time as a Resource, Identify Important	01	15
	Time Management Wasters, Individual Time Management		
	Styles, Techniques for better Time Management.		
Unit III	Interpersonal -Introduction to Interpersonal Relations,	01	15
	Analysis of different ego states, Analysis of Transactions,		
	Analysis of Strokes, Analysis of Life position		
Unit IV	Motivation Introduction to Motivation, Relevance and types	01	15
	of Motivation, Motivating the subordinates, Analysis of		
	Motivation		

References:

- 1. Ethics in Engineering Practice and Research by Caroline & Whitbeck, Cambridge University Press.
- 2. NASSCOM-Global Business Foundation Skills: Accenture, Convergys, Dell et.al. Foundation Books: Cambridge University Press.

- 3. Thinks and Grow Rich by Napoleon Hill, Ebury Publishing, ISBN 9781407029252.
- 4. Awaken the Giant Within by Tony Robbins HarperCollins Publishers, ISBN139780743409384.

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Professional Make up techniques				
Course Code	BTA P07			
Class	S.Y. B.Voc.	Semester	III	
No. of Credits	06	Contact Hours	60	

Aim- Learn and apply the theory of Makeup Consultation and Makeup Preparation, ambience of makeup room, make up colour theory, benefits of makeup application, self presentation of makeup artist

Objectives: • Perform make-ups safely & hygienically, • Perform makeup's to time & include various techniques, for a variety of occasions on a variety of clients. • Perform makeup for media, theater, TV, portfolio & ramp. • Making students proficient in using advance make up techniques like Air Gun.

Course outcome- Have the knowledge of Basic Makeup Day self makeup Day party makeup Evening party makeup • Learn the corrective makeup technique as per face shapes Features Nose and Chin shapes Jawline and neck area Eye shapes and Eye brows Lip shapes Wrinkles

Unit	Topics	Credit	Lectures
Unit I	Selection of Tools, Makeup Consultation Chart	01	15
	Color theory Selection of correct colors, correct cosmetic.		
Unit II	Different make-ups, Basic make- Up ,Engagement make	02	30
	up, Bridal make up, Reception make up, Basic fashion		
	make-up techniques - contemporary, stylised period and		
	latest trends		
Unit III	Wet look make up Groom Makeup,	01	15
Unit IV	Makeup for fashion photography, Air Brush Makeup,	02	30

References:

- Kevyn Aucoin, Harper Collins, The Art of Make-up _
- Mary Quant, DK Publishing, Classic Makeup and Beauty _

• Kevyn Aucoin, Little Brown and Company, Face Forward _

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Stage and fashion Runway make up and Portfolio making			
Course Code	BTA P08			
Class	S.Y. B.Voc.	Semester	III	
No. of Credits	06	Contact Hours	60	

Aim-To prepare the students for stage and fashion Runway make ups

Objectives: • Perform make-ups safely & hygienically, • Perform makeup's to time & include various techniques, for a variety of occasions on a variety of clients. • Perform makeup for media, theater, TV, portfolio & ramp. • Making students proficient in using advance make up techniques like Air Gun.

Course outcome- Learn the process and application of different make-ups, wet look make up, Engagement make up, Bridal make up, Reception make up, Groom Makeup, Makeup for fashion show • Have the knowledge and application of Advance Make up Portfolio, Glossy Make Up, Ramp Make Up, Black & White Make Up, Fantasy Make Up • Have the knowledge of Illusion Make Up Cut Marks, Stitch Marks, Accidental Marks, Burn Marks, Old Age, Blood Coming out of mouth.

Unit	Topics	Credit	Lectures
Unit I	What Is A Makeup Artist Portfolio?	01	15
	Why Is A Makeup Artist Portfolio Important?		
	Types Of Portfolios		
	Online Portfolio		
	Print Portfolio		
	What Makes A Great Portfolio?		
Unit II	Use A Variety of Images and Styles	01	15
	Determine "An Area Of Focus		
	A Reasonable Amount Of Images		
	A Logical Order To The Images		
	Before And After Photos		

Unit III	Advance Make up Portfolio, Glossy Make Up, Ramp Make Up,		30
	Black & White Make Up, Fantasy Make Up		
Unit IV	Illusion Make Up Cut Marks, Stitch Marks, Accidental Marks,	02	30
	Burn Marks, Old Age, Blood Coming out of mouth. High standard		
	of hygiene and safety, precautions, Cleaning Tools and Equipment.		
	Make up removal procedure and products.		

- Kevyn Aucoin, Little Brown and Company. Making Faces _
- Arlene Mathew, The complete Beauty Book, Varun Publication, Bangalore _ Milady's, Text Book of Cosmetology, Milady Publication, America

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Make up products and its application				
Course Code	Course Code BTA P09			
Class	S.Y. B.Voc.	Semester	III	
No. of Credits	06	Contact Hours	60	

Aim- To understand make up products and its application in beauty therapy

Objective- to make students understand the different beauty products used in make up. To make them aware the different brands and composition of cosmetics, methods of application

Course outcome- Students will understand all the facial make up products, eye make up products, lip make up products , different antiperspirants and the application of all these products

Unit	Topics	Credit	Lectures
Unit I	Face Primer BB Cream	02	30
	Foundation		
	Concealer (in tube)		
	Concealers in pot,		
	Blush		
	Glow Kit Highlighter		
	Bronzer		
	Setting Spray		
	Setting Powder		
Unit II	Eye Primer	01	15
	Eyeshadow Palette		
	Eyeshadow Single		
	Mascara		
	Liquid Eyeliner		
	Khol Eyeliner		
	Eyebrow Pencil		
Unit III	Lipsticks	01	15
	Lip liners		
	Lip gloss		

	Blushers		
Unit IV	Sun Screen Cream or lotions.	02	30
	Antiperspirant creams or sticks.		
	Application and chemical used in cosmetics		

Cosmetic: Science & Technology – By Sagarin.

Industrial Pharmacy – By Leon Lachman.

Manufacture of perfumes, cosmetics and detergents – By Giriraj Prasad.

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Cell Metabolism and Body system			
Course Code	Course Code BTA T10			
Class	S.Y. B.Voc.	Semester	IV	
No. of Credits	04	Contact Hours	60	

Aim- To understand Cell Metabolism and body System.

Objective- To make students understand cell structure, tissues, blood and different glands.

Course Outcome- Students will understandcell metabolism, Structure and fuction of different glands and harmones, Cell structure different types of tissues

Unit	Topics	Credit	Lectures
Unit I	Cell Structure. 2. Elementary tissues of bodyi) Epithelial Tissues	01	15
	ii) Connective Tissues iii) Nervous Tissues iv) Muscular Tissues		
Unit II	il knowledge of structure and function ofi) Skin and its appendages	01	15
	b) Functions in detail c) Sweat gland & Sebaceous gland d)		
	Keratinisation e) Colour & Pigmentation f) Baby Skin, Adult Skin.		
	Eye iii) Hair iv) Nails v) Tooth		
Unit III	Endocrine glands and Hormones.	01	15
Unit IV	Blood - i) Composition & Function ii) Blood groups iii)		15
	Coagulation of blood iv) Disorders of blood		

References:

- Best and Taylor The Living Body.
- Kimber and Gray Human Physiology and Anatomy
- Fransis Introduction to Human Anaomy. 4. Winwood 5. Ross & Wilson

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Sterilization and Sanitization			
Course Code	Course Code BTA T11		
Class	S.Y. B.Voc.	Semester	IV
No. of Credits	04	Contact Hours	60

Aim- To Understand Importance of Sterilization and sanitization in beauty therapy

Objectives-To impart the practical skills on sanitation and sterilization, hair removal, manicure, pedicure, facial, CTM, and make-up.

Course out come- students will understand Sterilisation and disinfection methods, method of killing microorganisms with the help of steam. Common terms used in relation to disinfection, Safe disposal of waste

Unit	Topics	Credit	Lectures
Unit I	Sterilization and disinfection methods Cleaning, sterilization and	01	15
	disinfection of tools and equipment , Ways to prevent		
	contamination and infection., clean towels, spray bottles, spatula,		
	etc., to avoid contamination and infection.		
Unit II	Sterilization-method of killing microorganisms with the help of	01	15
	steam. use an autoclave (a closed container used for processes that		
	involve high temperatures and pressure). tools made up of metals,		
	like scissors and tweezers, and few heat-resistant glassware		
	autoclaving.		
Unit III	Common terms used in relation to disinfection (b) Methods of	01	15
	sterilization and sanitation, General suggestions for sanitation.		
Unit IV	Safe disposal of waste, preventing contamination and infections.	01	15
	Waste left after a service and health hazards, Sweeping of the floor		
	and disposal of waste hair, bottles, cotton balls etc.		

References:

Beauty Therapy Complied by Maya Paranjape

- Lorraine Nordman, Beauty Therapy-The Foundation Level II.
- Standard textbook on Cosmetology, My Lady Publication

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Professional Image and life Skills				
Course Code	Course Code BTA T12			
Class	S.Y. B.Voc.	Semester	IV	
No. of Credits	04	Contact Hours	60	

Aim- prepare the learner holistically for life and their future. • promote and foster the highest moral and ethical values • develop and enhance respect and tolerance towards other people in all spheres of life Objectives- to provide fundamental knowledge to the students to build the professional image by learning various life skills

Course outcome- make informed decisions about personal health • respond effectively to challenges in his or her world • demonstrate an understanding and appreciation of the rights and values of the community and society • demonstrate respect and tolerance towards different religious ceremonies, traditions and influences on religions • demonstrate an understanding of, and participate in activities that promote recreation and physical development.

Unit	Topics	Credit	Lectures
Unit I	Salon professional: Roles and duties, Work ethics. Importance of	01	15
	maintaining a healthy life style-exercise, image, rest. Salon		
	Design: Features of good salon design, furnishing and equipments		
	for a hair salon, layout and décor for a hair salon		
Unit II	Reception skills: Role and duties of a receptionist, enter	01	15
	appointments in an appointment book for various services,		
	answering phone calls, take and record a message for a client or		
	another member of staff, accept different types of payments,		
	complete a gift voucher, display of stock to promote sales. U		
Unit III	Ergonomic principles: Foot, leg, hand, wrist, hips, knees, neck,	01	15
	back, shoulder, chest; Ergonomically designed salon equipments		
	availability, benefits, design. Safety: Potential safety hazards		
	found in a hair salon, potentially hazardous substances found in		
	salons, safe and hygienic disposal of waste, safe use of hair		
	equipments, fire preventions and fire fighting equipments, fire		
	evacuation procedure for a salon.		

Unit IV	01	15
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- General Psychology by S. Dandapani, Neelkamal Publication (2016)
- General Psychology by R. K. Gupta
- Aswathappa K. (2002) Human Resource and Personnel Management, Tata McGraw -Hill, New Delhi.
- Bhattacharyya Kumar Deepak (2006) Human Resource Managing, Excel Books, New Delhi.
- Cascio F. W. (2003) Managing Human Resources, Productivity, Quality of Life, Profits, Tata Mc Graw Hill, New York.

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Tools of Hair Treatment and Hair Dressing and cutting			
Course Code	BTA P10			
Class	S.Y. B.Voc.	Semester	IV	
No. of Credits	06	Contact Hours	60	

Aim- To provide training of hair cutting and hair dressing

Objectives-To understand the basic elements of hair-cutting and hair designing. • To give effective head massage • Prepare the client & area hygienically & safety • Perform effectively and to commercial standard, a variety of haircuts. Hair styles & treatments

Course outcome-Learn and apply the Hair Care Basic Hair Structure Shampooing and Rinsing • Have the knowledge of Scalp Treatments for dandruff, falling hair, hair breakage, extra strength, growth stimulation and head Massage. • Learn the use of various hair styles and shaping short hair styling.

Unit	Topics	Credit	Lectures
Unit I	Hair Care Basic Hair Structure Shampooing and Rinsing	01	15
Unit II	Scalp Treatments for dandruff, falling hair, hair breakage, extra	01	15
	strength, growth stimulation. Head Massage.		
Unit III	Hair Styling and Shaping Short Hair Styling: Roller setting, Blow	02	30
	drying Long Hair Styling: Buns and Curls on hair, Art of making		
	Switch, Advance hair styles Braiding: Long and Short Hair		
Unit IV	Terms used in hair shaping. All angle cutting Razor shaping,	02	30
	Layers, Boy-Cut, Club-Cut, all types of hair cut		

References:

NVQ Level II and III; U.K. Syllabus • Hair Dressing I; Leo Pollacline • Hair Dressing II; Martin Green • Hair Dressing III; Martin Green, Leo Pollacline • Note Book on Hair Dressing (Basic and Advance); Compiled by Maya Paranjape • Habib Jawed, Professional Hair Styling, UBSPD, New Delhi

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Chemical Application and Hair treatment			
Course Code	Course Code BTA P11			
Class	F.Y. B.Voc.	Semester	IV	
No. of Credits	06	Contact Hours	60	

Aim- To train the students for chemical application to hair and different types of hair treatments.

Objectives: • To understand the basic elements of hair designing. • Provide color service in accordance with a client's need or expectations. • To effectively perform hair straightening & hair waving

Course outcome-Have the knowledge of Chemical Hair Relaxing: Action of Chemical Products Analysis of Patron's Hair Strand Test Chemical Hair Relaxing Process Ammonium Thioglycollate (thio) Relaxer

- Learn the technique Hair Coloring, Classifications of Hair Coloring Aniline Derivative Tints Patch Test Preparation for hair Tinting Permanent hair coloring, Semi Permanent Tints, Temporary colour Rinses.
- Have the knowledge and application for Hair Lightening, Effects of hair Lighteners Problems in hair Lightening.

Unit	Topics	Credit	Lectures
Unit I	Permanent Waving: Principle Actions in cold waving Basic	01	15
	Requirements. Scalp and Hair Analysis Curling Rods		
	Chemical Solutions Sectioning and Blocking Patterns for		
	sectioning and blocking Winding or wrapping the hair.		
	Proper use of end papers. Pre-permanent wave shampoo. Test		
	Curls. Applications of Waving Lotion. Neutralization of the		
	Hair.		
Unit II	Chemical Hair Relaxing: Action of Chemical Products Analysis of	01	15
	Patron's Hair Strand Test Chemical Hair Relaxing Process		
	Ammonium Thioglycollate (thio) Relaxer		
Unit III	Hair Coloring: Classifications of Hair Coloring Aniline	02	30
	Derivative Tints Patch Test Preparation for hair Tinting		
	Permanent hair coloring, Semi Permanent Tints, Temporary		
	colour Rinses.		

Unit IV	Hair Lightening: Effects of hair Lighteners Problems in hair	02	30
	Lightening Types of lightening Hydrogen Peroxide and its		
	uses Lightening Virgin hair.		

The Multicultural Client: Cuts, Styles, and Chemical Services. I-56253-178-6

Arlene Mathew, The complete Beauty Book, Varun Publication, Bangalore.

Habib Jawed, Professional Hair Styling, UBSPD, New Delhi

Standard Textbook of Cosmetology; My Lady Publication.

NVQ Level II and III; U.K. Syllabus

B.Voc. in Beauty therapy and Aesthetics(BTA)

Course Name	Hair restoration and Mesotherapy			
Course Code	BTA P 12			
Class	F.Y. B.Voc.	Semester	IV	
No. of Credits	06	Contact Hours	60	

Aim- To give knowledge of hair restoration and different hair restoration techniques.

Objective- To provide principles of modern hair transplant

To give knowledge of patient evaluation, diagnosis and medical approach for hair restoration.

Course outcome- students will learn Mesotherapy and hair transplant methods.

Unit	Topics	Credit	Lectures
Unit I	Introduction to Trichology and the Trichological Sciences Anatomy & Physiology of the Human Hair and Scalp: Structure and Function Salon Treatments for Hair Loss & Scalp Problems Trichology Consultation: • Recognizing different hair loss and scalp conditions.	01	15
Unit II	Hair Loss conditions and their causes: Alopecia Areata (patchy hair loss), Alopecia Totalis & Universalis, Androgenic Alopecia in males and females (genetic hair loss), Anagen and Telogen Effluviums (hair shedding), Cicatricle Alopecia (scarring hair loss)FUE (Follicular Unit Extraction) and BHT (Body Hair Transplant):	01	15
Unit III	Hair fiber disorders: Traction Alopecia (hair breakage), Genetic and congenital hair fibre problems Scalp disorders:, Folliculate scalp breakouts, Seborrhea Dermatitis (scalp flaking) Other hair & scalp conditions: Trichotillomania (hair pulling), Hirsuitism (too much body hair) Hand-on-training with the FUE-punch including manual and motorized extraction of follicular units Graft care / Preparation of grafts	02	30
Unit IV	Mesotherapy History of Mesotherapy Mesotherapy depth & technique for pain (lecture & demonstration)	02	30
Referenc	es:		

• George Thomas Jackson, "A Practical Treatise on the Diseases of the Hair and Scalp" Cambridge Scholars Publishers. • Rodney Dawber R P R Dawber, "Diseases of the Hair and Scalp (English) 3rd Edition", Blackwell Science Inc. • Stephen Williams, "Hair Loss: Erase The Embarrassment With Helpful Tips To Keep Your Hair Healthy From Scalp To Tip", Stephem Williams Publishers. • Diane B. Eisman and Eugene H. Eisman, Pocket Books UK, 2000, The Bald Truth: The First Complete Guide to Preventing And Treating Hair Loss..

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name History of Skin Care			
Course Code	BTA T 13			
Class	T.Y. B.Voc.	Semester	V	
No. of Credits	04	Contact Hours	60	

Aim- To understand the history of skin Care

Objective- To understand the history of skin,

to provide facial skin conditions,

to provide skin care treatments.

Course outcome-To handle different sterilization machines and tools, and explain their importance. o To provide facial skin care treatment to enhance facial skin condition. o To Design, record and maintain treatment plans and records for each client. o To Recognize contraindications, skin diseases and disorders relevant to facials and products.

Unit	Topics	Credit	Lectures
Unit I	Skin Care o Introduction of Skin o Structure, glands and functions	01	15
	of skin o Sterilization and Sanitizations		
Unit II	pH of Skin o pH of skin o Importance of pH o Understanding and	01	15
	Maintaining of pH		
Unit III	Cleansing – Types of Skin cleansing, Techniques of cleansing, Selection of Cleanser, Treating different skin types with cleansing, importance and types of Natural cleanser. Exfoliating. Facial – According to the types of skin, Removal of black and white head, Techniques of Facial, Types of facials importance and Benefits of pack and mask, types of pack. Knowledge of machines for facial.	01	15

Unit IV	Bleaching – Introduction, Types of bleaches,	01	15
	procedure and application on face, neck, hands and		
	other parts, precautious its advantages and		
	disadvantages. Homemade bleach and types.		
	Massage – Definition, Types of Techniques, step by		
	step procedure, Cosmetic knowledge, benefits of		
	massage and its precautious. Facial massage.		

- 1. Blossom Kochar, Hair, Skin and Beauty care, The complete Body Book, VBS publisher New Delhi, 2002.
- 2. Dr. Renugupta, Complete Beautician Course, Diamond Pocket books, Pvt. Ltd. New Delhi, 2001
- 3. Madhumita Pauwal, Practical Guide to Beautician Training, Asian Publishers, New Delhi, 2002.

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Nutrition and Health of Skin				
Course Code	BTA T 14			
Class	F.Y. B.Voc.	Semester	V	
No. of Credits	04	Contact Hours	60	

Aim- To Understand the importance of nutrition and health of skin in beauty therapy

Objective- To make students understand the role of nutrition, Importance of nutrition in beauty and wellness, how to maintain good skin

Course outcome Function of food, Types of diet and exercises Effect of food on various systems of the human body. ii) Types of food having good effect on the important organs of the body.

Unit	Topics	Credit	Lectures
Unit I	Types of Nutrition o Role of Nutrition o Health and Nutrition facts Major functions of carbohydrates, protein, fat, vitamin – A, B, C, B-Complex (B. Group) and sources related to skin, eye and hair. (ii) Role of water in maintaining healthy skin. (iii) Concept of Balance Diet and five food groups.	01	15
Unit II	Importance of nutrition in health and beauty: Definition of food Function of food Types of diet and exercises suggested in relation to age, climatic conditions and body requirement.	01	15
Unit III	Study of proteins, carbohydrates, fats, minerals, salt, vitamins and water. ii) Beauty diet, food containing vitamins and its method of preparation to prevent its destruction	01	15
Unit IV	Effect of food on various systems of the human body. ii) Types of food having good effect on the important organs of the body.	01	15

Effect of malnutrition on skin and appendages i.e. Skin,	
Hair and Nail.	

- Good Calories, Bad Calories: Fats, Carbs, and the Controversial Science of Diet and Health by Gary Taubes
- Milady's Standard Cosmetology by Milady o
- Understanding Nutrition by Eleanor Noss Whitney (Author), Sharon Rady Rolfes (Author)

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Skin Disorders			
Course Code	BTA T 15		
Class	F.Y. B.Voc.	Semester	V
No. of Credits	04	Contact Hours	60

Aim- To Understand the different types of skin disorders

Objective- To provide knowledge of classification and identification of common skin problems, to identify allergies and dermatology testing.

Course outcome -To identify different cosmetics and various equipment for providing a service. o To recognize contraindications, skin diseases and disorders relevant to facials

Unit	Topics	Credit	Lectures
Unit I	Skin Problems-Classification & identification of	01	15
	common skin problems - Acne, Blackheads,		
	Whiteheads, Disorders of sweat glands, Disorders of		
	oil glands, Dryness, Dullness. Skin treatment-Pimple,		
	under eye Dark circles, Pigmentation, Mature skin,		
	suntan, open pores, preparation and importance of		
	each treatment.		
Unit II	Allergy and antigen – antibody reaction, types of Hypersensitivity	01	15
	reaction and disorders due to hyper sensitivity reactions.		
Unit III	Dermatitis – various types and their clinical feature. i. Acute	01	15
	Toxic contact dermatitis. ii. Allergic contact dermatitis. iii.		
	Irritant contact dermatitis. iv. Phototoxic contact dermatitis.		

Unit IV	Dermatological testing as per BIS specification with emphasis on	01	15
	patch testing, repeated insult patch testing cumulative irritation test		
	photoallergic test phogotoxicity test.		
References:			
Human Physiology – by C.C. Chatterjee.			
Roxburis (Roxburis Common Skin Diseases.		
Clinical D	Clinical Dermatology – An individual approach by John T. Ingrans.		

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Electrology and its uses			
Course Code	BTA P 13		
Class	F.Y. B.Voc.	Semester	V
No. of Credits	06	Contact Hours	60

Aim- Understand Electrology and its use in skin treatment

Objective- To use different electrical equipments for different types of skins
To understand the benefits of different electrical machines used for skin treatment
To understand the safe usage of machines.

Course outcome- To prepare for facial treatments using electrotherapy.

- o To provide facial treatments using electrotherapy
- . o To use the equipment safely and confidently.

Unit	Topics	Credit	Lectures
Unit I	. High Frequency o What is high frequency machine o How does	01	15
	this machine work o Direct and indirect current o The difference		
	between orange and violet electrodes o Benefits of high frequency		
	machine facial o Products used for high frequency therapy o		
	Contraindications		
Unit II	Galvanic o To perform application of desincrustation/	01	15
	iontophoresis gel/solution. o to know galvanic electrode		
	preparation o to know maintenance of galvanic electrodes o		
	Products used for treatment o Risks and Precautions		

Unit III	Ultrasonic o What is ultrasonic facial o How does it work o Benefits of Ultrasonic o Products used for ultrasonic therapy o Contraindications	01	15
Unit IV	Electrical epilation of hair by needle to include all suitable face and body areas:Client consultion and analysisCare and maintenance of equipmentAfter care and advice for clientsManagement of hair growth between treatmentsElectrolysis, Thermolysis and the blendContraindications to treatmentSkin Care	02	30

- Modern electrology-Fino Gior
- 30 case history in beauty and electrology, Rigazzi, Tarling Iris
- Electrolysis Thermolysis and blends- Arthur Ralph Hinkel

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name Neurology , Pigmentation and Acne Treatment				
Course Code	BTA P 14			
Class	F.Y. B.Voc.	Semester	V	
No. of Credits	06	Contact Hours	60	

Aim- To Understand Neurology and Acne Treatment for the skin

Objective-Explain and discuss the electrical currents used in beauty therapy.. • Understand the safety and preparatory procedures for these treatments, including contra-indications. • Perform hygienically, successfully and safely, to a commercial standard and time, each treatment, to suit each individual client, on a variety of clients. • Explain the physiological and psychological effects and the aftercare advice for each treatment.

Course outcome – Students will understand Dermato-Medical approach to Acne, Acne Scar Tissue Repair. Hydration, Nourishing, Sebum Extraction acne & fair skin, Peeling for skin rejuvenation. Equipment, commercially and effectively used for facial treatments.

Unit	Topics	Credit	Lectures
Unit I	Chemical Peels: Introduction to Peels, Superficial, Medium, Deep,	01	15
	Augmented Peels, Characteristics, AHA superficial peeling,		
	Peeling for melasma, wrinkles, acne & fair skin, Peeling for skin		
	rejuvenation. Equipment, commercially and effectively used for		
	facial treatments.		
Unit II	Dermato-Medical approach to Acne & Pimple	01	15
	treatment, Beta Hydroxy Acid procedure for Acne treatment.		

	Wrinkle Correction		
	b. Skin Rejuvenation		
	c. Photo Ageing		
	d. Periorbital Pigmentation		
Unit III	Skin Polishing	02	30
	b. Acne Scar Tissue Repair.		
Unit IV	Natural Induction of Collagen b. Micro-Current Therapy 12. SKIN ENHANCING – Hydration, Nourishing, Sebum Extraction	02	30

- Unfolding revolution of chemical peels by Sita Paudal •
- Manual of Chemical Peels; Superficial & medium depth, Mark G. Rubin.
 Lippincott William & Wilkins: ISBN-13:978- 0397515066
- Textbook of Chemical Peels (1st Edition): Philippe Depicz, E-book ISBN: 9780203347416
- Step by Step chemical Peels: Khungar Niti: J.P. Digital: ISBN: 9783184485

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Photo Therapy and Ageing Skin			
Course Code	BTA P 15		
Class	F.Y. B.Voc.	Semester	V
No. of Credits	06	Contact Hours	60

Aim-Have the knowledge of Electrical Treatments: Neuromuscular electrical stimulation (faradic current), Infrared, High Frequency, Vacuum suction, Mechanical brush cleaner, Galvanic facial (iontophoresis and deincrustation), Ultra Violet, Steam (with and without ozone), Mechanical Massagers

Objective-Explain and discuss the electrical currents used in beauty therapy.. • Understand the safety and preparatory procedures for these treatments, including contra-indications. • Perform hygienically, successfully and safely, to a commercial standard and time, each treatment, to suit each individual client, on a variety of clients. • Explain the physiological and psychological effects and the aftercare advice for each treatment.

Course outcome-Have the knowledge of Electrical Treatments: Neuromuscular electrical stimulation (faradic current), Infrared, High Frequency, Vacuum suction, Mechanical brush cleaner, Galvanic facial (iontophoresis and deincrustation), Ultra Violet, Steam (with and without ozone), Mechanical Massagers. • Learn the tools and techniques Care & storage of electrical equipments: sterilization of equipment, develop the concept of high standard hygiene & safety selection of appliance, equipment to suit the client's need.

Unit Topics	Credit	Lectures	
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Unit I	Electrical Treatments: Neuromuscular electrical stimulation	01	15
	(faradic current), Infrared, High Frequency, Vacuum suction,		
Unit II	, Mechanical brush cleaner, Galvanic facial (iontophoresis	01	15
	and deincrustation), Ultra Violet, Steam (with and without		
	ozone), Mechanical Massagers.		
Unit III	Care & storage of electrical equipments: sterilization of	02	30
	equipment, high standard of hygiene & safety selection of		
	appliance, equipment to suit the client's need		
Unit IV	Physiological and psychological effect of the electrical and	02	30
	chemical treatment, treatment time, benefits and		
	contraindications of the treatment. Precautions (before &		
	after). Record keeping pertaining to the treatment.		

- Unfolding revolution of chemical peels by Sita Paudal •
- Manual of Chemical Peels; Superficial & medium depth, Mark G. Rubin. Lippincott William & Wilkins: ISBN-13:978- 0397515066 •
- Textbook of Chemical Peels (1st Edition): Philippe Depicz, E-book ISBN: 9780203347416 Step by Step chemical Peels: Khungar Niti: J.P. Digital: ISBN: 9783184485301

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name	Skin Analysis		
Course Code	BTA T 16		
Class	F.Y. B.Voc.	Semester	VI
No. of Credits	04	Contact Hours	60

Aim- To identify different types of skin

Objective- To make students identify the skin types and use of different therapies for different skin types, use cleansing steaming, extraction and exfoliation of skin.

Course outcome- Students will prepare a treatment plan for face, body, feet and hand treatments and make-up. o To identify and understand the key ingredients in products for face, hands and feet. o To identify the type of skin and decide the treatment for that skin.

Unit	Topics	Credit	Lectures
Unit I	Therapy for Dry skin o Consult the client o Arrange the trolley o	01	15
	Prepare the client o Cleansing of skin o Exfoliation of skin (use of		
	Frimator) o Steaming (use of Steamer) o Extraction of skin o Use		
	of machine according to skin (Ultrasonic) o Application of Packs		
	o After care		
Unit II	Therapy for Normal Skin o Consult the client o Arrange the trolley	01	15
	o Prepare the client o Cleansing of skin o Exfoliation of skin (use		
	of Frimator) o Steaming (use of Steamer) o Extraction of skin o		

	Massage o Use of machine according to therapy (galvanic) o		
	Application of Packs		
Unit III	Therapy for Oily Skin o Consult the client o Arrange the trolley o	01	15
	Prepare the client o Cleansing of skin o Exfoliation of skin (use		
	of frimator) o Steaming (use of Steamer) o Extraction of skin o		
	Massage o Use of machine according to therapy (High		
	Frequency) o Application of Packs		
Unit IV	Therapy for Disorder Skin o Consult the client o Arrange the	01	15
	trolley o Prepare the client o Cleansing of skin o Exfoliation of skin		
	o Steaming (use of Steamer) o Extraction of skin o Massage o Use		
	of machine according to therapy o Application of Packs o After		
	care		

- David E. Bank and Estelle Sobel, Adams Media Corporation, Beautiful Skin: Every Woman's Guide to Looking Her best at any age.
- Stephanie Tourles, Storey Books, Naturally Healthy Skin: Tips and Techniques for a lifetime of Radiant Skin.
- Dr. Renu Gupta, Skin Care _

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Cosmetology Concepts and Fundamentals			
Course Code	BTA T 17		
Class	F.Y. B.Voc.	Semester	VI
No. of Credits	04	Contact Hours	60

Aim To Make students familiar with the physical and chemical properties and reactions of commonly used raw materials in cosmetics.

Objective- Students will be familiar with chemistry (especially the reactivity and stability of an organic molecules based on structure and isomerism) of commonly used chemicals.

Course outcome- Students will know common natural raw materials, especially the basic functional group involved, their physical and chemical properties and their applications.

Unit	Topics	Credit	Lectures
Unit I	Introduction of Cosmetics: Purposes of Cosmetics meaning of	01	15
	Cosmetics and cosmeceuticals. Classification of Cosmetics		
	Quality characteristics and Quality Assurance Development		
	Process of Cosmetics. Scientific background technology and its		
	future		

Unit II	Excipients & its applications in cosmetics. a. Oily Materials:	01	15
	Introduction, Oils and Fats, Wax, Hydrocarbons, Higher Fatty		
	Acids, Higher Alcohols, Esters, Silicones.		
Unit III	Surface Active Agents : Introduction Anionic Surfactant,	01	15
	Cationic, Surfactants, Amphoteric Surfactant, Non-ionic,		
	Surfactant. Other Surfactants. Humectants: Introduction, Choice		
	of Humectants Unusual Humectants, Special Uses of Humectants.		
Unit IV	Safety of Cosmetics: Basic Concept of Cosmetic Safety, Safety	01	15
	test items & Evaluation method : Skin irritation, sensitization,		
	Testing on Human (Patch test, Usage test)		

- 1. Cosmetic Science and Technology Vol. I, II, III by Sagarin
- 2. Harry"sCosmeticology
- 3. Industrial Pharmacy by Leon Lachman
- 4. Perfume: History&chemistre By D.D. Wasule
- 5. New Cosmetic Science
- 6. Indian Herbs by Chopra
- 7. Wealth of India, published by CSIR

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name OSHA (Occupational Safety and Health)			
Course Code	se Code BTA T 18			
Class	F.Y. B.Voc.	Semester	VI	
No. of Credits	04	Contact Hours	60	

Aim- To understand the international laws of salon business

Objective- To make students understand OSAHA standerds and national laws impacting the salon business

Course outcome- Students will understand the OSHA standerds, corporate social responsibilities and National Policy on Safety, Health and Environment at Workplace

Unit	Topics	Credit	Lectures
Unit I	Business Environment - Introduction, Concept of Business, Levels	01	15
	of the Business Environment, Understanding the Environment,		
	Economic Environment of Business, The Global Economic		
	Environment, Economic Policies, Business and Economic		
	Policies, Socio Cultural Environment, Business and Society,		

	Business and Culture, Indian Business Culture, Culture and Organizational Behavior. Introduction to Political Environment, Political Environment and the Economic system, Types of Political Systems, Indian Constitution and Business, Changing Profile of Indian Economy, Business Risks Posed by the Indian Political System, Economic Systems, Financial Environment: Introduction, An Overview of the Financial System, Components of Financial System, Financial Institutions and their Roles, Financial Institutions in India, Role of Foreign Direct Investment	0.1	1.5
Unit II	Introduction to Legal Environment, Laws Impacting Industry in India, Intellectual Property Rights, Major Regulations Pertaining to Business, Regulatory Role of Government, Promotional Role of Government, Participatory Role of Government, Conciliatory and Judicial Role of Government, Impact of India's Industrial Policy on Economic Reforms, New Economic Policy, Globalization. India, WTO and Trading Blocs, Levels of Economic Integration/Trading Blocs, Effects of Economic Integration, Major Regional Trading Blocs, Commodity Agreement, World Trade Organization, WTO and India, Corporate Social Responsibility: Introduction, Meaning and Definition, Need for social responsibility of business, Social responsibility of business towards different groups, Barriers to social responsibility, Social responsibility of business in India, Public, Private, Joint and Cooperative Sectors	01	15
Unit III	Receive information and training about hazards, methods to prevent harm, and the OSHA standards that apply to their workplace. The training must be in a language you can understand; Observe testing that is done to find hazards in the workplace and get test results; Review records of work-related injuries and illnesses Get copies of their medical records Request OSHA to inspect their workplace; and Use their rights under the law free from retaliation and discrimination.	01	15
Unit IV	National Policy on Safety, Health and Environment at Workplace (NPSHEW)	01	15

- Business Environment; By T. R. Jain, Mukesh Trehan, Ranju Trehan, VK Global Publications.
- Drugs & Cosmetic Acts & Rules. Govt. of India Publiction. 5. T.B. of Forensic pharmacy by M. Mittal 6. IP, BP, NF, USP..

B.Voc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Salon operations			
Course Code	BTA P 16			
Class	F.Y. B.Voc.	Semester	VI	
No. of Credits	06	Contact Hours	60	

Aim- To make the student understand the basic operation of salons including Accounting

Objective- The course will surely help the students to gain a comprehensive knowledge on the various areas of finance such as basic concepts, role of accounts, preparation of charts and an overview of the subject at the both domestic and international levels.

Course outcome- Students will understand accounting process, Prepare a chart of accounts, Salesmanship and Qualities of Salesman; Product knowledge; Customer knowledge

Unit Topics	Credit	Lectures
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Unit I	Tally, Define the accounting process, Describe the role of accountants, Explain accounting concepts and principles, Discuss the concept of the accounting equation, Use the accounting equation to analyze basic transactions in terms of increases and decreases, Reporting financial information on a balance sheet, Determine how transactions change owner's equity in an accounting equation, Reporting a changed accounting equation on a balance sheet, Analyze transactions using T – accounts and using debits and credits, Use debits and credits to record increase and decreases in accounts, Record journal entries in a 5 – column journal, Define accounting terms related to journalizing transactions, Prove and rule a five – column journal and prove cash U	02	30
Unit II	Prepare a chart of accounts and opening accounts, Post separate amounts from a journal to a general ledger, Post column totals from a journal to a general ledger, Make correcting entries, Reconcile a bank statement and record bank service charges, dishonored checks, and petty cash transactions, Describe and prepare the work sheet, Plan and adjust entries on a work sheet, Extend financial statement information on a work sheet, Find and correct errors on a work sheet, Describe the content and purpose of the three basic financial statements and how they are related.	01	15
Unit III	Prepare payroll records, Preparing payroll time cards, Calculating employee total earnings, Determining payroll tax withholding, Preparing payroll checks, Record, and journalize the payroll for a merchandising business, Record employer payroll taxes, Reporting, and paying withholding and payroll taxes, Prepare a worksheet for a merchandising business, Analyzing and adjusting the Merchandise Inventory account, Analyzing and adjusting the Supplies account, Analyzing and adjusting the Prepaid Insurance account, Prepare a multiple – step income statement for a merchandising business, Analyzing component percentages of income statements showing net income and net loss, Prepare a distribution of net income and owner's equity statements, Prepare a classified balance sheet	02	30
Unit IV Reference	Salesmanship and Qualities of Salesman; Product knowledge; Customer knowledge: Buying Motives and Selling Points. Scientific Selling; Approach and Presentation: Methods of Approaching a Customer; Presentation Process and Styles; Presentation planning. Objection Handling: Types of objections; Handling customer objections. Closing Sales and Follow up: Methods of closing sale; Executing sales order; Follow-up; Sales Promotion Schemes: Sampling; Coupon; Price Off; Premium Plan; Consumer Contests and Sweeps Takes; POP Displays; Demonstration; Trade Fairs and Exhibitions; Sales Promotion Techniques and Sales Force	01	15

- Basic Accounting: The step-by-step course in elementary accountancy, By Nishat Azmat, Andy Lymer, Hachette UK. ●
- Basic Accounting, By Rajni Sofat, PHI Learning Pvt. Ltd. •
- BASIC ACCOUNTING, By SOFAT, RAJNI, HIRO, PREETI, PHI Learning Pvt. Ltd. Accounting for Beginners, By Kokab Rahman, Createspace Independent Pub, 2013

B.Voc. in Beauty therapy and Aesthetics(BTA)			
Course Name Cosmetology designs and Career Development			
Course Code	BTA P 17		
Class	F.Y. B.Voc.	Semester	VI
No. of Credits	06	Contact Hours	60

Aim- To understand the scope of cosmetics profession

Objective- At the end of this course, students will be familiar with the basic concepts of cosmetics. They will know the theoretical aspect of basic formulations and for commonly used additives in cosmetic formulations.

Course outcome- Students will understand Division of cosmetic profession academic , research, manufacturing, marketing, Characteristic required by Cosmetic Containers, Types of Material Forming and processing methods, Preparation and stability of biphasic liquid formulations

Unit Topics Credit Lectur

Unit I	Scope of cosmetics profession :- Division of cosmetic profession	01	15
	academic, research, manufacturing, marketing cultivation of herbs		
	used in cosmetic		
Unit II	Cosmetics Containers: Introduction, Characteristic required by	02	30
	Cosmetic Containers- Quality Maintenance functional Design,		
	Optimum PackagingTypes of Cosmetic Containers :- Narrow		
	Mouth bottles, Wide Mouth Bottles (Containers), Tubes, tubular		
	Containers, Powders Containers, Compact containers, Stick		
	containers, pencil containers Applicator containers		
Unit III	Material of construction for containers : Types of Material	01	15
	Forming and processing methods. Container design procedure.		
	Material test methods & Specifications. Trends in Container		
	materials		
Unit IV	Biphasic Liquid formulations : Emulsion & Suspension. Emulsion	02	30
	- types, Identification test of Emulsion preparation & stability,		
	suspension- Flocculated and deflocculated suspensions, selection		
	of wetting suspending and dispersing agents. Preparation and		
	stability of biphasic liquid formulations		

- Element of Physical Chemistry Glasstone.
- Physical Chemistry A.J. Mec.
- Quantitative Inorganic analysis Vogel
- The chemistry and manufacture of cosmetics. Vol. I & II

BVoc. in Beauty therapy and Aesthetics(BTA)				
Course Name	Course Name Use of Cosmetic procedures , Laser Botox, Electro Cautery and Skin			
	Tag removal			
Course Code	Course Code BTA P 18			
Class	F.Y. B.Voc. Semester VI			
No. of Credits	06	Contact Hours	60	

Aim-Introduction to Lasers History, Laser Physics & Vocabulary Type of Laser Laser & Skin Interaction, Laser Chromospheres, Choosing Appropriate Settings, Available aesthetic laser technologies in the world.

• Have the knowledge for Advance laser and their indications Intense pulsed light Pre-and post treatment

Objective- To acquaint the students with latest cosmetic laser techniques. • To acquaint the students with safety procedures while using lasers. • To acquaint the students indications & contradictions applicable to use of laser. • To acquaint the students with bioethics. • To acquaint the students with medico-legal aspects.

Course outcome- Learn the do's and don'ts for Skin rejuvenation Skin resurfacing Skin tightening Permanent Hair Reduction. • Have the knowledge for Treatments of Acne, scaring. • Learn the Comparison between laser Management and complications of laser and IPL Considerations for laser equipment purchase • Have the adequate market knowledge for your practice and building your customer base Medico-legal aspects of cosmetic dermatology ethics in cosmetic practice What do buy and where to buy.

Unit	Topics	Credit	Lectures
Unit I	Introduction to Lasers History, Laser Physics & Vocabulary	01	15
	Type of Laser Laser & Skin Interaction, Laser		
	Chromospheres, Choosing Appropriate Settings, Available		
	aesthetic laser technologies in the world. Skin Tag removal		
	Process		
Unit II	Laser Safety: contraindications/Eye Protection/ Flammable	02	30
	Liquids and Gases/ Smoke/ Hazard/ Access and Signage		
	Patient psychology and expectation. Botox Treatments		
Unit III	Advance laser and their indications Intense pulsed light Pre-	02	30
	and post treatment do's and don's Skin rejuvenation Skin		
	resurfacing Skin tightening Permanent Hair Reduction		
	Treatments of Acne scaring Comparison between laser		
	Management and complications of laser and IPL		
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Unit IV	Important considerations How to market your practice and	01	15
	build your customer base Medico-legal aspects of cosmetic		
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	where to buy		

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